



## Swim Lesson Information

The following list is put together to improve your experience at Swymfit.

1. Please be a few minutes early so that your child can change and use the bathroom, without having to rush.
2. Tell your child that running on the deck is dangerous and it is not allowed.
3. Follow all stated pool rules.
4. If you have any questions for the instructor, please leave your number at the front desk and the instructor will call. Otherwise, please make your questions brief so that the next lesson can start on time.
5. No food allowed in the pool area.
6. To help keep our pool environment clean, please bring a second pair of shoes to wear in the pool area.
7. Have your child dry off before leaving the pool deck.
8. When the class is finished, your child should leave the pool.
  1. You may purchase a practice card or practice membership for your child to stay and practice after the lesson.
9. Children with long hair should wear a swim cap or have their hair pulled back.
10. Please accompany your child to the restroom.