SWYMFIT®				Aquatics Schedule May 2021												90 Swanson Road Boxborough, MA 01719 978-635-0500 www.swymfit.com											
	Sunday Mon			onday	nday Tuesday					Wednesday				Thursday				Friday			Saturday						
Lane	1 2 3	3 4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
5:30 AM	Opens @ 7:00 am		Opens @ 6:00 am			Opens @ 6:00 am			Opens @ 6:00 am			Opens @ 6:00 am			Opens @ 6:00 am			Opens @ 6:00 am			5:30 AN						
6:00 AM																											6:00 AN
6:30 AM																											6:30 AN
7:00 AM																											7:00 AN
7:30 AM																											7:30 AN
8:00 AM																											8:00 AN
8:30 AM	Swimming Lessons 8:00 am -1:00 pm																										8:30 AN
9:00 AM			Water Aerobics 9:00-10:00 am									Aerobics							Aerobics						9:00 AN		
9:30 AM										9:00-10:00 am						9:00-10:00 am			Swimming Lessons			9:30 AN					
10:00 AM			Swimming Lessons													Swimming Lessons								ig Lessons 1 -5:00 pm		10:00 AN	
0:30 AM															9 -11:30 am				Swimming Lessons					•		10:30 AN	
11:00 AM		10-11:30 am													10-11:30 am							11:00 AN					
11:30 AM																						11:30 AN					
12:00 PM			Deep Water				Deep Water (Nan) 11:45 - 12:30pm			Deep Water 11:45 - 12:30pm			Deep Water (Celeste) 11:45 - 12:30pm			Deep Water							12:00 PN				
12:30 PM			11:45 - 12:30pm			11:45 - 12:30pm														12:30 PN							
1:00 PM																											1:00 PN
1:30 PM																											1:30 PN
2:00 PM																											2:00 PN
2:30 PM	Swim Team 1:00-2:00 Aqua 2:00-3:00 Jr 3:00-4:00 Jr 4:00-5:00 Sr 5:00-6:30 Sr																										2:30 PN
3:00 PM												Swimmir	ng Lesson	s													3:00 PM
3:30 PM				Swimming Lessons 3:30-6:00 pm			Swimming Lessons 3:30 - 5:00 pm			1-6:00 pm			Swimming Lessons 3:30 - 5:00 pm										3:30 PM				
4:00 PM																							4:00 PM				
4:30 PM														5.50 - 5.00 pm			Swimming Lessons 3:30-6:00 pm							4:30 PM			
5:00 PM										1						5.50-0.00 pm			Swim Team (Heather)			5:00 PN					
5:30 PM							s	Swim Team (Heather)						Swim Team (Heather)						5:00-6:00 Jr		5:30 PN					
6:00 PM																		1	6:00-7:	:15 Sr 2		6:00 PN					
6:30 PM	Club Closed @ 5:00 pm		Swim Team 6:00-7:00 Jr 7:00-8:15 Sr			5:00-6:00 Aqua 6:00-7:00 Jr 7:00-8:30 Sr 2			Swim Team 6:00-7:00 Jr 7:00-8:30 Jr/Sr			5:00-6:00 Aqua 6:00-7:00 Jr 7:00-8:30 Sr 2			Swim Team						6:30 PM						
7:00 PM															6:00-7:00 Jr 7:00-8:15 Sr							7:00 PN					
7:30 PM																						7:30 PN					
8:00 PM																							8:00 PM				
8:30 PM			Club Closed @ 8:00 pm			Club Closed @ 8:00 pm			Club Closed @ 8:00 pm			Club Closed @ 8:00 pm						Club Closed @ 6:00 pm			8:30 PM						
9:00 PM															Clu	Club Closed @ 8:00 pm				cias ciocoa e cioc più			9:00 PM				
9:30 PM				U				G h						0				. .							9:30 PM		

*Unscheduled lanes are available for Lap Swimming & Multi-Purpose	Swordfish	Anything in green is subject to the Swymfit Swordfish Swim Team practice				
**Pool Closure Occurs 15 Minutes Prior To Club Closing	Swordlish	schedule and will not be available for patron use.				
	Swimming Lessons	Reserved for Swimming Lesson Use Only During Swimming Lessons, Accommodations will be made if room permits.				